



Health History Form

Name: _____ Date: _____ DOB: _____ Age: _____ Gender: Male / Female
 SSN #: _____ Address: _____ City, State, Zip: _____
 Cell Phone: _____ Home Phone: _____ Email address: _____
 Appointment reminders via text? YES / NO Occupation: _____ Employer's Name: _____
 Who may we thank for referring you? _____ Single/Divorced/Widowed/Married (Spouse's Name: _____)
 # of children, Names, Ages, & Gender _____

Main Health Concern History

Health Concerns: In order of Severity	Rate of Severity 1=Mild 10=Unbearable	How long have you had this?	Did this start with an injury?	Have you had this before?	Is this constant or comes/goes?
1.					
2.					
3.					
4.					

- Please check all that apply when describing the pain? Sharp Soreness Throbbing Tingling
 Dull Stiffness Spasm Burning Ache Weakness Numbness Shooting
- Does the pain travel anywhere else? Yes No Describe: _____
- How often is this present? Constant (81-100%) Frequent (51-80%) Occasional (26-50%)
 Intermittent (25% or less)
- Since it started, has the pain gotten better, worse, or stayed the same? _____
- What makes your health concern worse? Nothing Walking Standing Sitting
 Exercise(moving) Lying down Other
- Have you seen anyone for this health concern? (Chiropractor, Medical Doctor, etc.) If so, who?

- Please list all medications, including vitamins/supplements, you are taking and for what?

- Please list any broken bones, surgeries, or hospitalizations you have had and when:

9. Please list any auto accidents or major slips/falls/traumas you have been involved in:

10. Spinal health is especially important during pregnancy; **any chance** that you are pregnant? **YES or NO**

PAST HISTORY

Have you suffered with any of this or a similar problem in the past? ___No ___Yes If yes, how many times?
 ___ When was the last episode? _____ How did the injury happen? _____

Other forms of treatment tried: ___No ___Yes If yes, what type of treatment?

_____ Who provided it? _____ How long ago? _____ What were the results ___Favorable
 ___Unfavorable; Please explain: _____

Please identify any and all types of jobs you have had in the past that have imposed any physical stress on you or your body:

If you have ever been diagnosed with any of the following conditions, please indicate with a **P** for in the **Past**, **C** for **Currently** have, or **N** for **Never** have had:

___Broken Bone ___Dislocations ___Tumors ___Rheumatoid Arthritis ___Fracture ___Disability ___Cancer
 ___Heart Attack ___Arthritis ___Cerebral Vascular ___Other _____

SOCIAL HISTORY

1. Smoking: ___Cigars ___Pipe ___Cigarettes How often? ___Daily ___Weekends ___Occasionally ___Never
2. Alcoholic Beverages: consumption occurs _____ ___Daily ___Weekends ___Occasionally ___Never
3. Recreational Drug use: _____ ___Daily ___Weekends ___Occasionally ___Never

FAMILY HISTORY

1. Does anyone in your family suffer with the same conditions? ___No ___Yes **If yes, whom:** ___Grandmother
 ___Grandfather ___Mother ___Father ___Sister(s) ___Brother(s) ___Son(s) ___Daughter(s)

Have they ever been treated for their condition? ___Yes ___No ___I don't know

2. Any other hereditary conditions the doctor should be aware of? ___No ___Yes



TREATMENT PRESCRIBED BY OTHERS. OUR ONLY PRACTICE OBJECTIVE IS TO LOCATE, ANALYZE, AND CORRECT VERTEBRAL SUBLUXATION BY SPECIFIC, NEUROLOGICALLY BASED CHIROPRACTIC ADJUSTMENTS. CHIROPRACTIC IS A VERY SPECIFIC SCIENCE, AUTHORIZED BY LAW TO ADDRESS SPINAL HEALTH CONCERNS AND NEEDS. CHIROPRACTIC IS A SEPARATE AND DISTINCT SCIENCE, ART, AND PRACTICE. **IT IS NOT THE PRACTICE OF MEDICINE.** THE CHIROPRACTIC ADJUSTMENT PROCESS, AS DEFINED IN THE LAW OF THIS JURISDICTION, INVOLVES THE APPLICATION OF A SPECIFIC DIRECTIONAL THRUST TO A REGION OR REGIONS OF THE SPINE WITH THE SPECIFIC INTENT OF RE-POSITIONING MISALIGNED SPINAL SEGMENTS. THIS IS A SAFE, EFFECTIVE PROCEDURE APPLIED OVER ONE MILLION TIMES EACH DAY BY DOCTORS OF CHIROPRACTIC IN THE UNITED STATES ALONE. **YOUR COMPLIANCE WITH CARE PLANS, HOME AND SELF-CARE, ETC. IS ESSENTIAL TO MAXIMUM HEALING AND OPTIMAL HEALTH. WE INVITE YOU TO SPEAK FRANKLY TO THE DOCTORS ON ANY MATTER RELATED TO YOUR CARE AT THIS FACILITY.**

NOTICE OF PRIVACY PRACTICES ACKNOWLEDGMENT

I understand that I have certain rights of privacy regarding my protected health information, under the Health Insurance Portability & Accountability Act of 1996 (HIPPA). I understand that this information can and will be used to:

1. Conduct, plan, and direct my treatment and follow-up among the multiple healthcare providers who may be involved in that treatment directly and indirectly.
2. Obtain payment from third-party payers.
3. Conduct normal healthcare operations, such as quality assessments and physicians certifications.

I understand that I may request, in writing, that you restrict how my private information is disclosed to carry out treatment, payment, or healthcare operation. I also understand that you are not required to agree to my requested restrictions, but if you agree, they you are bound to abide by such restrictions.

All questions regarding the chiropractor's objectives to my care in this office have been answered to complete satisfaction. I therefore accept care on this basis. I have read and fully understand the above statements.

Printed Name

Signature

Date